The Mexico City Policy: An Explainer

Key Points

- On January 23, President Donald Trump reinstated and expanded the Mexico City Policy via presidential memorandum. An implementation plan was announced on May 15. This explainer provides an overview of the policy, including its history, changes over time, and current application.

- First announced in 1984 by the Reagan administration, the policy has been rescinded and reinstated by subsequent administrations along party lines. It has been in effect for approximately 17 of the past 32 years.

- The policy requires foreign non-governmental organizations (NGOs) to certify that they will not “perform or actively promote abortion as a method of family planning,” using funds from any source (including non-U.S. funds), as a condition for receiving U.S. government global family planning assistance and, as of Jan. 23, 2017, any other U.S. global health assistance.

- The Trump administration’s application of the policy to the vast majority of U.S. bilateral global health assistance, including funding for HIV (PEPFAR), maternal and child health, malaria, nutrition, and other programs, marks a significant expansion of its scope; in FY 2017, bilateral global health assistance totaled more than $8 billion (family planning assistance accounted for approximately $600 million of that total).

- A recent Kaiser Family Foundation analysis found that more than half of the countries in which the U.S. provides bilateral global health assistance allow for legal abortion in at least one case not permitted by the policy.

What is the Mexico City Policy?

The Mexico City Policy is a U.S. government policy that – when in effect – has required foreign NGOs to certify that they will not “perform or actively promote abortion as a method of family planning” with non-U.S. funds as a condition for receiving U.S. global family planning assistance and, as of Jan. 23, 2017, any other U.S. global health assistance, including U.S. global HIV (under PEPFAR), maternal and child health, malaria, nutrition, and other program areas.

Box 1: The Original Language of the Mexico City Policy, 1984

“[T]he United States does not consider abortion an acceptable element of family planning programs and will no longer contribute to those of which it is a part. ...[T]he United States will no longer contribute to separate nongovernmental organizations which perform or actively promote abortion as a method of family planning in other nations.”

The policy was first announced by the Reagan administration at the 2nd International Conference on Population, which was held in Mexico City, Mexico, on August 6-14, 1984 (hence its name). Under the Trump administration, the policy has been renamed as “Protecting Life in Global Health Assistance.” Among opponents, it is also known as the “Global Gag Rule,” because among other activities, it prohibits foreign NGOs from using non-U.S. funds to...
provide information about abortion as a method of family planning and to lobby a foreign government to legalize abortion.

When first instituted in 1984, the Mexico City Policy marked an expansion of existing legislative restrictions that already prohibited U.S. funding for abortion internationally, with some exceptions (see below). Prior to the policy, foreign NGOs could use non-U.S. funds to engage in voluntary abortion-related activities as long as they maintained segregated accounts for any U.S. money received, but after the Mexico City Policy was in place, they were no longer permitted to do so if they wanted to receive U.S. family planning assistance.

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**When has it been in effect?**

The Mexico City Policy has been in effect for approximately 17 of the past 32 years, primarily through executive action, and has been instated, rescinded, and reinstated by presidential administrations along party lines (see Table 1).

The policy was first instituted in 1984 (taking effect in 1985) by President Ronald Reagan and continued to be in effect through President George H.W. Bush’s administration. It was rescinded by President Bill Clinton in 1993 (although it was reinstated legislatively for one year during his second term; see below). The policy was reinstated by President George W. Bush in 2001 and then rescinded by President Barack Obama in 2009. It is currently in effect, having been reinstated by President Trump in 2017.

**How is it instituted (and rescinded)?**

The Mexico City Policy has, for the most part, been instituted or rescinded through executive branch action (typically via presidential memoranda). While Congress has the ability to institute the policy through legislation, this has happened only once in the past: a modified version of the policy was briefly applied by Congress during President Clinton’s last year in office as part of a broader arrangement to pay the U.S. debt to the United Nations. (At that time, President Clinton was able to partially waive the policy’s restrictions.)
Other attempts to institute the policy through legislation have not been passed, nor have legislative attempts to overturn the policy. See Table 1.

**Who does the policy apply to?**

The policy, when in effect, applies to foreign NGOs as a condition for receiving U.S. family planning support and, now, other global health assistance, either directly (as the main – or prime – recipient of U.S. funding) or indirectly (as a recipient of U.S. funding through an agreement with the prime recipient; referred to as a sub-recipient). Foreign NGOs include:

- international NGOs that are based outside the U.S.,
- regional NGOs that are based outside the U.S., and
- local NGOs in assisted countries.

U.S. NGOs, while not directly subject to the Mexico City Policy, must also agree to ensure that they do not provide family planning assistance to any foreign NGO sub-recipients unless those sub-recipients have first certified adherence to the policy.

As in the past, the current policy does not apply to foreign governments (national or sub-national), public international organizations, and other multilateral entities, including the Global Fund to Fight AIDS, Tuberculosis and Malaria and Gavi, the Vaccine Alliance.

**To what assistance does it apply?**

In the past, foreign NGOs have been required to adhere to the Mexico City Policy – when it was in effect – as a condition of receiving support through certain U.S. international funding streams: family planning assistance through the U.S. Agency for International Development (USAID) and, beginning in 2003, family planning assistance through the U.S. Department of State. In the memorandum announcing the policy’s expansion to include the department in 2003, President Bush stated that the policy did not apply to funding for global HIV/AIDS programs and that multilateral organizations that are associations of governments are not included among “foreign NGOs.”

The reinstated and expanded policy applies to the vast majority of U.S. bilateral global health assistance, including but not limited to family planning assistance, furnished by all agencies and departments (to the extent allowable by law). “Assistance” includes “the provision of funds, commodities, equipment, or other in-kind global health assistance.” Specifically, the expanded policy applies to the following:

- **nearly all global health program areas, including:**
  - family planning and reproductive health, and
  - for the first time:
    - maternal and child health (including household-level water, sanitation, and hygiene (WASH)),
    - nutrition,
- HIV (PEPFAR),
- tuberculosis,
- malaria (PMI),
- neglected tropical diseases, and
- global health security;

**certain types of research activities;**

**the vast majority of bilateral global health funding appropriated directly to three agencies and departments:**

- USAID;
- the Department of State, including the Office of the Global AIDS Coordinator, which oversees and coordinates U.S. global HIV funding under the U.S. President’s Emergency Plan for AIDS Relief (PEPFAR); and
- for the first time, the Department of Defense (DoD); and

**three types of funding agreements:**

- grants,
- cooperative agreements, and
- for the first time, contracts.

**WHAT ACTIVITIES ARE PROHIBITED?**

The policy prohibits foreign NGOs that receive U.S. family planning assistance and, now, any other U.S. global health assistance from using non-U.S. funds to “perform or actively promote abortion as a method of family planning.” In addition to providing abortions with non-U.S. funds, restricted activities also include the following:

- providing advice and information about and offering referral for abortion – where legal – as part of the full range of family planning options,
- promoting changes in a country’s laws or policies related to abortion as a method of family planning (i.e., engaging in lobbying), and
- conducting public information campaigns about abortion as a method of family planning.

The prohibition of these activities are why the policy has been referred to by its critics as the “Global Gag Rule.”

The policy, however, does not prohibit foreign NGOs from:

- providing advice and information about, performing, or offering referral for abortion in cases where the pregnancy has either posed a risk to the life of the mother or resulted from incest or rape; and
- responding to a question about where a safe, legal abortion may be obtained when a woman who is already pregnant clearly states that she has already decided to have a legal abortion (passively providing information, versus actively providing medically-appropriate information).
In addition, the expanded policy does not apply to healthcare providers who have an affirmative duty required under local law to provide counseling about and referrals for abortion as a method of family planning.

**Does it restrict direct U.S. funding for abortion overseas?**

U.S. funding for abortion is already restricted under several provisions of the law.\(^28\) Specifically, before the Mexico City Policy was first announced in 1984, U.S. law already prohibited the use of U.S. aid:

- to pay for the performance of abortion as a method of family planning or to motivate or coerce any person to practice abortion (the **Helms Amendment**, 1973, to the Foreign Assistance Act);
- for biomedical research related to methods of or the performance of abortion as a means of family planning (the **Biden Amendment**, 1981, to the Foreign Assistance Act); and
- to lobby for or against abortion\(^29\) (the **Siljander Amendment**, first included in annual appropriations in 1981 and included each year thereafter).

Then, shortly after the policy was announced in 1984, the **Kemp-Kasten Amendment** was passed in 1985, prohibiting the use of U.S. aid to fund any organization or program, as determined by the president, that supports or participates in the management of a program of coercive abortion or involuntary sterilization (it is now included in annual appropriations). In the 2017 reinstatement of the Mexico City Policy, the memo included, for the first time, directions to the Secretary of State to enforce the Kemp-Kasten Amendment. Such directions had been provided separately in the past.

Before the Mexico City Policy, U.S. aid recipients could use non-U.S. funds to engage in abortion-related activities but were required to maintain segregated accounts for U.S. assistance.\(^30\) The Mexico City Policy reversed this practice: no longer were foreign NGOs allowed to use non-U.S. funds, maintained in segregated accounts, for voluntary abortion-related activities if they wished to continue to receive or be able to receive U.S. family planning funds.

**Does it prohibit post-abortion care?**

The Mexico City Policy does not restrict the provision of post-abortion care, which is a supported activity of U.S. family planning assistance. Whether or not the Mexico City Policy is in effect, recipients of U.S. family planning assistance are allowed to use U.S. and non-U.S. funding to support post-abortion care,\(^31\) no matter the circumstances of the abortion (whether it was legal or illegal).

**What has been the impact of the policy?**

There has been some research and anecdotal information published about the policy’s impact in the past. Most notably, a 2011 quantitative analysis by Bendavid, et. al, found a strong association between the Mexico City Policy and abortion rates in sub-Saharan Africa. Specifically, the study found that abortion rates rose in countries with high exposure to the Mexico City Policy compared to those with low exposure, while the use of modern contraceptives declined over the same period in high exposure compared to low exposure countries. In other words, it found patterns “suggesting that the Mexico City Policy is associated with increases in abortion rates in sub-Saharan African countries,” likely because foreign NGOs that declined U.S. funding as a result of...
The Mexico City Policy – often key providers of women’s health services in these areas – had fewer resources to support family planning services, particularly contraceptives. Increased access to and use of contraception has been shown to be key to preventing unintended pregnancies and thereby reducing abortion, including unsafe abortion.

Additionally, there has been anecdotal evidence and qualitative data on the impact of the policy on the work of organizations that have chosen in the past to not agree to the policy and, therefore, forgo U.S. funding that had previously supported their activities. For example, they have reported that they have fewer resources to support family planning and reproductive health services, including family planning counseling, contraceptive commodities, condoms, and reproductive cancer screenings.

The reinstated and expanded version of the policy applies to a much greater amount of U.S. global health assistance, and greater number of foreign NGOs, across many program areas. While it is not yet known how many foreign NGOs will be affected by the policy, a recent Kaiser Family Foundation analysis found that more than half (37) of the 64 countries that received U.S. bilateral global health assistance in FY 2016 allow for legal abortion in at least one case not permitted by the policy.

WHAT ARE THE NEXT STEPS IN IMPLEMENTING THE EXPANDED POLICY?

On March 2, 2017, the policy went into effect for all new USAID family planning assistance provided through grants and cooperative agreements, as well as for amendments to any existing awards. As of the release of the implementation plan on May 15, the policy now applies to the vast majority of the remainder of U.S. bilateral global health assistance. Affected departments and agencies are revising and approving the standard provisions of their grants and cooperative agreements in order to reflect the policy going forward and taking steps to implement the policy in contracts.

Additionally, per the May 15 implementation plan, over the next six months the State Department will “conduct a comprehensive review of all aspects of the policy’s application, which could include compliance, implementation issues, and new information affecting implementation going forward.” This review will give “special attention” to global health programs that are newly affected by the policy (i.e., global health areas besides family planning and reproductive health).


5 The policy included language that prohibited USAID from providing family planning assistance to any foreign private, nongovernmental, or multilateral organizations until they certified that during the period for which the funding was made available 1) they would not perform abortions as a method of family planning in any foreign country and 2) they would not violate the laws of any foreign country regarding abortion and would not engage in lobbying any foreign country regarding abortion. FY 2000 Consolidated Appropriations Act, P.L. 106-113.


11 Presidential memoranda “are often used to carry out routine executive decisions and determinations, or to direct agencies to perform duties consistent with the law or implement laws that are presidential priorities” and are not required to be published in the Federal Register (although those pertaining to the Mexico City Policy sometimes have been). These presidential instruments or directives “may have the force and effect of law only if the presidential action is based on power vested in the President by the U.S. Constitution or delegated to the President by Congress.” Memoranda have the same legal authority as executive orders, although the latter is always required to be published in the Federal Register. Quotes as stated in Congressional Research Service (CRS), Executive Orders: Issuance, Modification, and Revocation, April 16, 2014, RS20846.

12 The legislative application of the policy – applying to FY 2000, which was from Oct. 1, 1999, until Sept. 30, 2000 – included language that prohibited USAID from providing family planning assistance to any foreign private, nongovernmental, or multilateral organizations until they certified that during the period for which the funding was made available 1) they would not perform abortions as a method of family planning in any foreign country and 2) they would not violate the laws of any foreign country regarding abortion and would not engage in lobbying any foreign country regarding abortion. FY 2000 Consolidated Appropriations Act, P.L. 106-113; PAI, Global Gag Rule Timeline, July 12, 2011; and Richard Cincotta and Barbara Crane, “The Mexico City Policy and U.S. Family Planning Assistance,” Science, Oct. 19, 2001, Vol. 294: pp. 525-526.

13 The legislation included an option for the president to waive these restrictions; however, if he exercised the waiver option (for no more than $15 million in family planning assistance), then $12.5 million of this funding would be transferred to maternal and child health assistance. The president did exercise the waiver option. FY 2000 Consolidated Appropriations Act, P.L. 106-113.
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As of March 2, the same holds true for USAID grants and cooperative agreements that provide global health assistance when such agreements are amended to add new funding. As of March 2, the same holds true for USAID grants and cooperative agreements that provide global health assistance when such agreements are amended to add new funding.


George W. Bush Administration, “Subject: Assistance for Voluntary Population Planning,” Memorandum for the Secretary of State, August 29, 2003, Bush Administration White House Archives, http://georgewbush-whitehouse.archives.gov/news/releases/2003/08/20030829-3.html. In other words, when President Bush extended the policy to include funding at the Department of State, he stated in the memorandum that the policy did not apply to foreign aid funding for global HIV/AIDS, malaria, and tuberculosis programs (including those under the U.S. President’s Emergency Plan for AIDS Relief or PEPFAR). He also stated that “foreign NGOs” do not include multilateral organizations that are associations of governments, such as the U.N. Population Fund (UNFPA) and the Global Fund to Fight AIDS, Tuberculosis and Malaria.

As stated in State Department, “Implementation of Protecting Life in Global Health Assistance (Formerly known as the ‘Mexico City Policy’),” PRM press guidance, May 15, 2017.


The policy applies to certain safe water, sanitation, and hygiene activities at the household-level, particularly those related to behavior, which are described under the Health (HL) program element of the Updated Foreign Assistance Standardized Program Structure and Definitions (available at https://www.state.gov/f/releases/other/255986.htm#HLs). However, HL.8: Water Supply and Sanitation is exempt from the policy; activities under this sub-element are usually focused on infrastructure and systems.

The policy covers implementation-science research, operational or programmatic research, surveys, needs assessments and related capacity-building conducted for the purpose of making improvements to global health assistance programs funded by the U.S. Government and implemented through a foreign NGO with a primary purpose or effect of benefiting a foreign country,” as stated in State Department, “Implementation of Protecting Life in Global Health Assistance (Formerly known as the ‘Mexico City Policy’),” PRM press guidance, May 15, 2017.
The exception to this is “grants under contracts,” which were previously subject to the policy; they are essentially grants made to sub-awardees by recipients of contracts.

27 While the policy allows exceptions for foreign NGOs that perform abortions with non-U.S. funds in the cases of a pregnancy that threatens the life of the woman or was a result of rape or incest, long-standing USAID interpretation of the Helms Amendment to the Foreign Assistance Act has not permitted U.S. funding to support the performance of abortions in these exceptional cases.


29 When initially introduced, the amendment prohibited only lobbying for abortion, but in subsequent years Congress modified the language to include lobbying against abortion as well.


31 Post-abortion care is the treatment of injuries or illnesses caused by legal or illegal abortions.

32 The study stated, “Although we are unable to draw definitive conclusions about the underlying cause of this increase, the complex interrelationships between family planning services and abortion may be involved. In particular, if women consider abortion as a way to prevent unwanted births, then policies curtailng the activities of organizations that provide modern contraceptives may inadvertently lead to an increase in the abortion rate.” Eran Bendavid, Patrick Avila, and Grant Miller, “United States aid policy and induced abortion in sub-Saharan Africa,” Bulletin of the World Health Organization, Sept. 27, 2011 (online publish date): Vol. 89, pp. 873-880C, http://www.who.int/bulletin/volumes/89/12/11-091660/en/.


36 KFF analysis of data from: Congressional Appropriations Bills, Press Releases, and Conference Reports; Federal Agency Budget and Congressional Justification documents and Operating Plans; ForeignAssistance.gov; Office of Management and Budget, personal communication.


