Topline
KFF Women's Health Survey 2020:
November [0' HFP EH02020

## Kaiser Family Foundation (KFF) 2020 Women's Health Survey

## METHODOLOGY AND TOPLINE

The 2020 KFF Women's Health Survey was designed and analyzed by researchers at the Kaiser Family Foundation (KFF) of a representative sample of 4,805 adults, ages 18-64 years old (3,661 women and 1,144 men). The survey was conducted online and telephone using AmeriSpeak ${ }^{\circledR}$, the probability-based panel of NORC at the University of Chicago. U.S. households are recruited for participation using address-based sampling methodology and initial invitations for participation are sent by mail, telephone, and in-person interviews. Interviews for this survey were conducted between November 19 and December 17, 2020, among adults living in the United States. KFF paid for all costs associated with the survey.

The sample for this study was stratified by age, race/ethnicity, education, and gender as well as disproportionate stratification aimed at reaching uninsured women, women who identify as LGBT, and women 18-49 years old. The sampling also took into consideration differential survey completion rates by demographic groups so that the set of panel members with a completed interview for a study is a representative sample of the target population. Interviews were conducted in English and Spanish online $(4,636)$ and via the telephone $(169)$.

A series of data quality checks were run and cases determined to be poor-quality, as defined by surveys with a length of interview of less than $33 \%$ of the mean length of interview and with high levels of question refusal ( $>50 \%$ ) were removed from the final data ( $n=96$ ). Weighting involved multiple stages. First, the sample was weighted to match estimates for the national population from the 2020 Current Population Survey on age, gender, census division, race/ethnicity, and education. The second round of weights adjusted for the study's sampling design. All statistical tests of significance account for the effect of weighting.

The margin of sampling error including the design effect for the full sample of women is plus or minus 2 percentage points. Numbers of respondents and margins of sampling error for key subgroups are shown in the table below. For results based on other subgroups, the margin of sampling error may be higher. Sample sizes and margins of sampling error for other subgroups are available by request. Note that sampling error is only one of many potential sources of error in this or any other public opinion poll.

| Group | N (unweighted) | M.O.S.E |
| :--- | :---: | :--- |
| Men Ages 18-64 | 1,144 | $+/-4$ percentage points |
| Women Ages 18-64 | 3,661 | $+/-2$ percentage points |
| Women Ages 18-49 | 2,695 | $+/-2$ percentage points |
| White Women Ages 18-64 | 1,813 | $+/-3$ percentage points |
| Black Women Ages 18-64 | 603 | $+/-5$ percentage points |
| Hispanic Women Ages 18-64 | 801 | $+/-5$ percentage points |
| Asian Women Ages 18-64 | 246 | $+/-8$ percentage points |
| LGBT Women Ages 18-64 | 392 | $+/-7$ percentage points |
| Straight Women Ages 18-64 | 3,239 | $+/-2$ percentage points |
| Women < 200\% FPL | 1,471 | $+/-3$ percentage points |
| Women $\geq 200 \%$ FPL | 1,943 | $+/-3$ percentage points |

For additional detail regarding the methodology, please contact womenshealth@kff.org.

| Demographics of Survey Respondents |  |  |
| :---: | :---: | :---: |
|  | Women Unweighted Counts (unweighted \%) | Men Unweighted Counts (unweighted \%) |
| Age ${ }^{\text {a }}$ ( ${ }^{\text {a }}$ |  |  |
| 18-25 | 427 (12\%) | 175 (15\%) |
| 26-35 | 1092 (30\%) | 275 (24\%) |
| 36-49 | 1176 (32\%) | 300 (26\%) |
| 50-64 | 966 (26\%) | 394 (34\%) |
| Race/ethnicity |  |  |
| White | 1813 (50\%) | 672 (59\%) |
| Black | 603 (16\%) | 129 (11\%) |
| Hispanic | 801 (22\%) | 230 (20\%) |
| Asian | 246 (7\%) | 65 (6\%) |
| Education |  |  |
| Less than HS | 211 (6\%) | 58 (5\%) |
| HS graduate | 633 (17\%) | 214 (19\%) |
| Some college | 1590 (43\%) | 518 (45\%) |
| College graduate | 1227 (34\%) | 354 (31\%) |
| Urbanicity |  |  |
| Urban/Suburban | 3113 (85\%) | 996 (87\%) |
| Rural | 548 (15\%) | 148 (13\%) |
| Region |  |  |
| Midwest | 844 (23\%) | 284 (25\%) |
| Northeast | 557 (15\%) | 155 (14\%) |
| South | 1353 (37\%) | 407 (36\%) |
| West | 907 (25\%) | 298 (26\%) |
| State |  |  |
| Lives in a Medicaid expansion state | 2359 (64\%) | 757 (66\%) |
| Lives in a non-Medicaid expansion state | 1302 (36\%) | 387 (34\%) |
| Insurance |  |  |
| Private insurance | 2153 (59\%) | 753 (66\%) |
| Medicaid | 697 (19\%) | 107 (9\%) |
| Other government insurance | 334 (9\%) | 127 (11\%) |
| Uninsured | 452 (12\%) | 152 (13\%) |
| Income |  |  |
| <200\% FPL | 1471 (40\%) | 315 (28\%) |
| $\geq-200 \% \mathrm{FPL}$ | 1943 (53\%) | 750 (66\%) |
| Marital Status |  |  |
| Married/Living with Partner | 2033 (56\%) | 590 (52\%) |
| Divorced/Separated/Widowed/Never Married | 1628 (44\%) | 554 (48\%) |
| Sexual Orientation |  |  |
| LGBT | 392 (11\%) | 100 (9\%) |
| Straight | 3239 (88\%) | 1037 (91\%) |
| Political Affiliation |  |  |
| Democratic | 1620 (44\%) | 368 (32\%) |
| Republican | 795 (22\%) | 320 (28\%) |
| Independent | 697 (19\%) | 319 (28\%) |
| Total | 3,661 | 1,144 |
| SOURCE: 2020 KFF Women's Health Survey |  |  |

## KFF Women's Health Survey 2020 Limited Topline

## ADDITIONAL QUESTIONS HELD FOR FUTURE RELEASE

The next set of questions are about your use of telemedicine or telehealth. A telemedicine or telehealth visit is an appointment with a provider conducted by telephone or video conference in place of an inperson visit. For this survey, telemedicine or telehealth does not include email, messages sent through a website, or general online health information.

PAR. Are you the parent or guardian of any children under the age of 18, or not?

| NORC 11/19-12/17/2020 | Women 19-64 <br> $N=3,661$ | Men 19-64 <br> $N=1,144$ |
| :--- | :---: | :---: |
| Yes | 38 | 32 |
| No | 61 | 67 |
| DON'T KNOW | - | - |
| SKIPPED/REFUSED | $*$ | $*$ |

EMP. What best describes your employment situation today

| NORC 11/19-12/17/2020 | Women 19-64 <br> $N=2,316$ | Men 19-64 <br> $N=829$ |
| :--- | :---: | :---: |
| Employed full-time | 50 | 62 |
| Employed parti-time | 15 | 10 |
| Not employed or not working for pay (such as stay at home parent) | 18 | 10 |
| A student | 5 | 7 |
| Retired | 6 | 5 |
| On disability and can't work | 6 | 6 |
| DON'T KNOW | $*$ | - |
| SKIPPED/REFUSED | $*$ | $*$ |

T1. Did you ever have a telemedicine or telehealth visit for yourself before March 1, 2020, or not?

| NORC 11/19-12/17/2020 | Women 19-64 <br> $N=3,661$ | Men 19-64 <br> $N=1,144$ |
| :--- | :---: | :---: |
| Yes | 13 | 11 |
| No | 86 | 88 |
| DON'T KNOW | $*$ | $*$ |
| SKIPPED/REFUSED | $*$ | $*$ |

T2. Have you had a telemedicine or telehealth visit for yourself since March 1, 2020, or not?

| NORC 11/19-12/17/2020 | Women 19-64 <br> $N=3,661$ | Men 19-64 <br> $N=1,144$ |
| :--- | :---: | :---: |
| Yes | 38 | 32 |
| No | 61 | 67 |
| DON'T KNOW | - | - |
| SKIPPED/REFUSED | 1 | 1 |

If "yes" in T1 or T2. Item "Prenatal or postpartum care" shown if age 49 or younger.
T3. What was the primary purpose of your most recent telemedicine or telehealth visit?

| NORC 11/19-12/17/2020 | Women 19-64 <br> $N=1,571$ | Men 19-64 <br> $N=411$ |
| :--- | :---: | :---: |
| COVID-related symptoms | 8 | 9 |
| A gynecological or sexual health issue, such as birth control or <br> sexually transmitted infection services | 3 | 1 |
| Prenatal or postpartum care (N=465) | 4 | NA |
| An annual check-up / or well woman visit | 12 | 26 |
| Management of a chronic condition | 18 | 17 |
| Minor illness or injury | 21 | 18 |
| Mental health services | 17 | 13 |
| Other health concern | 18 | 16 |
| DON'T KNOW | - | - |
| SKIPPED/REFUSED | $*$ | - |

If "yes" in T1 or T2.
T4. How would you rate the quality of care that you received at your most recent telemedicine or telehealth visit

| NORC 11/19-12/17/2020 | Women 19-64 <br> $\mathrm{N}=1,571$ | Men <br> $\mathrm{N}=411$ |
| :--- | :---: | :---: |
| Top NET | $\mathbf{6 7}$ | $\mathbf{6 3}$ |
| Excellent | 35 | 29 |
| Very Good | 32 | 34 |
| Good | $\mathbf{2 3}$ | $\mathbf{2 4}$ |
| Bot NET | $\mathbf{1 0}$ | $\mathbf{1 3}$ |
| Fair | 7 | 10 |
| Poor | 2 | 3 |
| DON'T KNOW | - | - |
| SKIPPED/REFUSED | $*$ | - |

Next, we're going to ask about your experiences during the COVID-19 pandemic.
COV1. Have you ever been tested for COVID-19, or not?

| NORC 11/19-12/17/2020 | Women 19-64 <br> $N=3,661$ | Men 19-64 <br> $N=1,144$ |
| :--- | :---: | :---: |
| Yes | 42 | 39 |
| No | 58 | 60 |
| DON'T KNOW | $*$ | - |
| SKIPPED/REFUSED | $*$ | $*$ |

COV2. Have you ever tried to get a COVID-19 test and been unable to get one, or not?

| NORC 11/19-12/17/2020 | Women 19-64 <br> $N=3,661$ | Men 19-64 <br> $N=1,144$ |
| :--- | :---: | :---: |
| Yes | 7 | 7 |
| No | 93 | 93 |
| DON'T KNOW | - | - |
| SKIPPED/REFUSED | $*$ | $*$ |

Item "Delayed or were not able to get birth control" shown if age 49 or younger
COV3. Since March 1, 2020, have you experienced any of the following because of the COVID-19 pandemic, or not?

| NORC 11/19-12/17/2020 | Women 19-64 <br> $N=3,661$ |  |  |  |  | Men 19-64 <br> $N=1,144$ |  |  |  |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Yes | No | DON'T <br> KNOW | SKP/REF | Yes | No | DON'T <br> KNOW | SKP/REF |  |
| Skipped preventive health services, <br> such as a yearly check-up or <br> routine test | 38 | 62 | - | $*$ | 26 | 73 | - | 1 |  |
| Skipped a recommended medical <br> test or treatment | 23 | 77 | $*$ | 1 | 15 | 85 | - | 1 |  |
| Delayed or were not able to get <br> birth control (N=2,695) | 6 | 94 | $*$ | 1 | 3 | 96 | - | 1 |  |
| Not filled a prescription, cut pills in <br> half or skipped doses of medicine | 10 | 90 | - | 1 | 8 | 91 | - | 1 |  |
| Sought mental health care | 15 | 84 | - | 1 | 10 | 89 | - | 1 |  |
| Couldn't get an appointment <br> because of the pandemic | 30 | 69 | - | 1 | 20 | 79 | $*$ | 1 |  |

If "yes, skipped preventive health services, such as a yearly check-up or routine test" or "yes, skipped a recommended medical test or treatment" in COV3

COV4. Did your condition get worse as a result of skipping medical care, or not?

| NORC 11/19-12/17/2020 | Women 19-64 <br> $N=1,608$ | Men 19-64 <br> $N=357$ |
| :--- | :---: | :---: |
| Yes | 15 | 12 |
| No | 60 | 63 |
| Don't know | 25 | 25 |
| SKIPPED/REFUSED | $*$ | - |

If age 18 to 49
COV5. Since March 1, 2020, have you ordered birth control from a website or app, like Nurx, The Pill Club, Pandia Health, or Planned Parenthood Direct, or not?

| NORC 11/19-12/17/2020 | Women 18-49 <br> $N=2,695$ |
| :--- | :---: |
| Yes | 4 |
| No | 96 |
| DON'T KNOW | - |
| SKIPPED/REFUSED | $*$ |

If "employed full-time" or "employed part-time" in EMP
COV6. During the pandemic, where are you working from?

| NORC 11/19-12/17/2020 | Women 19-64 <br> $N=2,316$ | Men 19-64 <br> $N=829$ |
| :--- | :---: | :---: |
| Working from home | 32 | 26 |
| Working in a location outside my home | 46 | 53 |
| Working both from home and a location outside my home | 22 | 21 |
| DON'T KNOW | $*$ | - |
| SKIPPED/REFUSED | $*$ | $*$ |

If "employed full-time" or "employed part-time" in EMP
COV7. Since March 1, 2020, have you had to take time off work for any of the following reasons related to COVID-19?

| NORC 11/19-12/17/2020 | Women 19-64 <br> $N=2,316$ | Men 19-64 <br> $N=829$ |
| :--- | :---: | :---: |
| I personally became ill with COVID-19 or was quarantining | 12 | 11 |
| I was caring for a family member who was sick with COVID-19 or <br> quarantining | 5 | 5 |
| My child's school or daycare was closed due to COVID-19 | 12 | 9 |
| I have not had to take time off work due to COVID-19 for any of these <br> reasons | 72 | 77 |

If "I personally became ill with COVID-19 or was quarantining" in COV7
COV8. Which of the following best describes your pay when you took time off work because you became ill with COVID-19 or were quarantining?

| NORC 11/19-12/17/2020 | Women 19-64 | Men 19-64 |
| :--- | :---: | :---: |
| $N=294$ | $N=87$ |  |
| I took sick leave fully paid | 49 | 51 |
| I took sick leave partially-paid | 8 | 13 |
| I took some leave fully paid and some sick leave partially-paid | 7 | 10 |
| I took unpaid sick leave | 35 | 26 |
| DON'T KNOW | - | - |
| SKIPPED/REFUSED | 1 | - |

If "My child's school or daycare was closed due to COVID-19" in COV7
COV9. Which of the following best describes your pay when you took time off work because your child's school or daycare was closed due to COVID-19?

| NORC 11/19-12/17/2020 | Women 19-64 <br> $N=341$ | Men 19-64 <br> $N=65$ |
| :--- | :---: | :---: |
| I took sick leave fully paid | 33 | 47 |
| I took sick leave partially-paid | 8 | 12 |
| I took some leave fully paid and some sick leave partially-paid | 11 | 4 |
| I took unpaid sick leave | 46 | 31 |
| DON'T KNOW | - | 3 |
| SKIPPED/REFUSED | 3 | 4 |

COV10. Since March 1, 2020, have you had to quit a job for any reason related to COVID-19, or not?

| NORC 11/19-12/17/2020 | Women 19-64 <br> $N=3,661$ | Men 19-64 <br> $N=1,144$ |
| :--- | :---: | :---: |
| Yes | 8 | 8 |
| No | 91 | 92 |
| DON'T KNOW | - | - |
| SKIPPED/REFUSED | $*$ | $*$ |

If "yes" in COV10. If respondent selected "Some other reason related to COVID-19," they were asked to specify in an open-ended textbox.

COV10A. Why did you quit your job?

## Please select all that apply

| NORC 11/19-12/17/2020 | Women 19-64 <br> $N=341$ | Men 19-64 <br> $N=76$ |
| :--- | :---: | :---: |
| I personally became ill with COVID-19 | 5 | 7 |
| I was caring for a family member who was sick with COVID-19 | 8 | 14 |
| My child's school or daycare was closed due to COVID-19 | 30 | 3 |
| I did not feel safe at my workplace due to COVID-19 risk | 48 | 45 |
| I live with someone who is at high-risk for COVID-19 complications | 23 | 19 |
| Some other reason related to COVID-19 | 34 | 29 |
| DON'T KNOW | - | - |
| SKIPPED ON WEB | 2 | - |
| REFUSED | - | - |

COV11. Prior to the COVID-19 pandemic, were you caring for a family member or relative who needed special assistance? This could include a chronically ill or disabled child, spouse or partner, parent, or other family member who may or may not live with you.

| NORC 11/19-12/17/2020 | Women 19-64 <br> $N=3,661$ | Men 19-64 <br> $\mathrm{N}=1,144$ |
| :--- | :---: | :---: |
| Yes | 14 | 9 |
| No | 86 | 90 |
| DON'T KNOW | - | - |
| SKIPPED/REFUSED | $*$ | 1 |

COV12. Since March 1, 2020, (have you had to take on new or additional responsibilities caring/have you had to care) for a family member or relative due to reasons related to the COVID-19 pandemic, or not?

| NORC 11/19-12/17/2020 | Women 19-64 <br> $N=3,661$ | Men 19-64 <br> $\mathrm{N}=1,144$ |
| :--- | :---: | :---: |
| Yes | 12 | 8 |
| No | 87 | 91 |
| DON'T KNOW | - | - |
| SKIPPED/REFUSED | $*$ | 1 |

COV13. As far as you know, is there a national law that provides some workers paid time off work if they get sick with COVID-19 or to care for a family member affected by COVID-19, or not?

| NORC 11/19-12/17/2020 | Women 19-64 <br> $N=3,661$ | Men 19-64 <br> $\mathrm{N}=1,144$ |
| :--- | :---: | :---: |
| Yes | 25 | 21 |
| No | 825 | 28 |
| Don't know | 49 | 51 |
| SKIPPED/REFUSED | $*$ | $*$ |

COV14. Has worry or stress related to coronavirus affected your mental health, or not?

| NORC 11/19-12/17/2020 | Women 19-64 <br> $N=3,661$ | Men 19-64 <br> $N=1,144$ |
| :--- | :---: | :---: |
| Yes | 51 | 34 |
| No | 40 | 55 |
| Don't know | 9 | 11 |
| SKIPPED/REFUSED | $*$ | $*$ |

If "yes" in COV14
COV15. What has been the impact on your mental health?

| NORC 11/19-12/17/2020 | Women 19-64 <br> $N=1,892$ | Men 19-64 <br> $N=403$ |
| :--- | :---: | :---: |
| Major impact | 21 | 34 |
| Moderate impact | 51 | 55 |
| Minor impact | 28 | 11 |
| DON'T KNOW | - |  |
| SKIPPED/REFUSED | $*$ | $*$ |

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Filling the need for trusted information on national health issues,
KFF (Kaiser Family Foundation) is a nonprofit organization based in San Francisco, California.

