Appendix D: Methods

To understand the scope of Medicaid coverage for sexual and reproductive health services, variations between and within states, and related state Medicaid policies across the nation, the Kaiser Family Foundation (KFF) and Health Management Associates (HMA) conducted a national survey of states about policies in place as of July 1, 2021. The survey addressed three main topics: family planning benefits, pregnancy-related benefits, and services for transgender care. States were asked to answer about coverage policies and limitations under traditional, fee-for-service Medicaid and whether policies are aligned across different eligibility pathways - limited scope family planning programs and Medicaid expansion, where applicable.

The survey instrument was distributed via email to state Medicaid directors and where applicable, Medicaid agency staff working on women’s health and reproductive health issues. The survey was conducted between June 2021 and October 2021. With the exception of one state (Hawaii), all of the responding states returned their survey responses via email. For Hawaii, KFF and HMA staff answered as many questions as possible based on publicly available information, and a Hawaii staff member confirmed these responses and answered some of the other survey questions during a telephone interview. KFF and HMA staff reviewed states’ survey responses as they were received and sent follow up questions to all of the states. KFF and HMA staff also did outreach to a number of states to encourage them to participate in the survey. In total, 41 states and the District of Columbia responded to the survey. The nine states that did not respond to the survey are: Arkansas, Georgia, Kentucky, Minnesota, Nebraska, New Hampshire, New Mexico, Ohio, and South Dakota.

KFF and HMA conducted a similar survey of states in 2015. Where applicable, there are a few comparisons in this report to results from the 2015 survey.